



Mentalizing Together

WHERE MENTALIZING MINDS MEET

MARK YOUR CALENDAR

**2ND AND 4TH WEDNESDAY
OF EACH MONTH
STARTING JANUARY 2026**



SCAN TO
LEARN MORE

1ST SESSION: THEME AND TOPIC DISCUSSION
2ND SESSION: CLINICAL APPLICATION OF THEME

NO PREREQUISITES REQUIRED

stay connected to an active, growing mentalizing community!

featured monthly topics:

CURIOSITY & UNCERTAINTY
LONELINESS & WE-NESS
RELIGION & SPIRITUALITY

SOCIALIZATION
HOPE & HOPELESSNESS
RELIGION & SPIRITUALITY
MENTALIZING WITH OPPOSING
POLITICAL VIEWS

WWW.MENTALIZINGINITIATIVE.ORG