

Pathway to MBT Certification

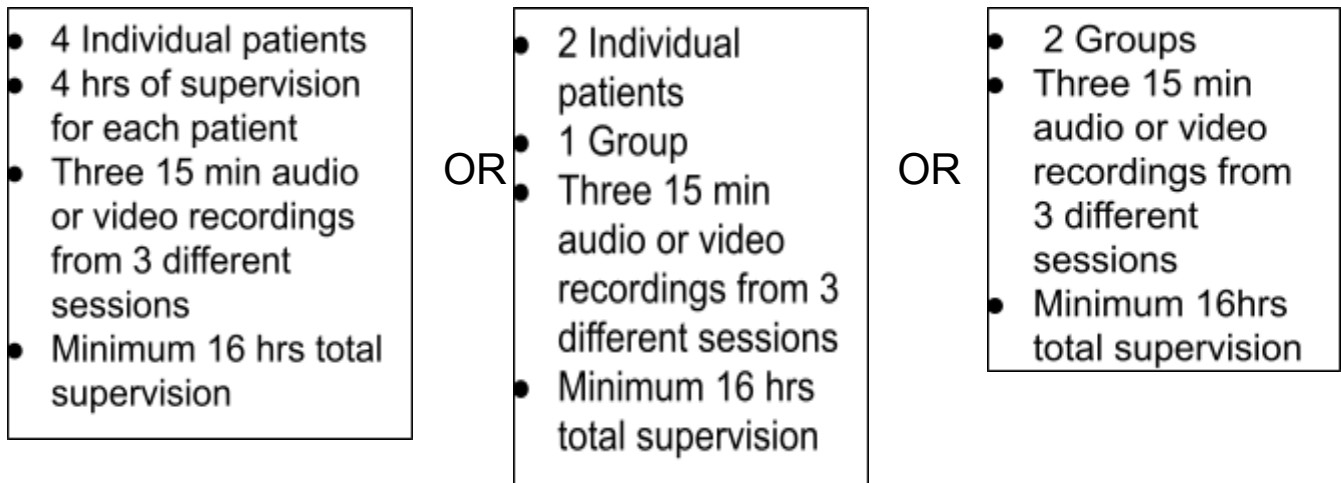
Step 1. Completion of 2.5hr MBT Intro Course

Step 2. Completion of 3-day MBT Basic Course

Step 3. Clinical supervision with an approved MBT supervisor.

Supervision requirements

One of the following:



Step 4. Read the MBT manual (found on AFC website)

Step 5. Completion of MBT Practitioner course (note: recordings will be used during the course and evaluated by Professor Anthony Bateman)

Step 6. 4 clinical write ups (1 per patient)

Step 7. Letter of recommendation from MBT Supervisor

Step 8. Submit application along with letter of recommendation to the Mentalizing Initiative. Certification comes from the Anna Freud Centre based on the Mentalizing Initiative's recommendation.

Supervision Offerings

Format A

- Supervision is offered on a quarterly basis
 - Winter session (January – March)
 - Spring session (March – May)
 - Summer session (June-August)
 - Fall session (September – November)
- 6 one-hour sessions
- Meets 1x/week for 6 weeks
- Didactic in nature and reviews the MBT handbook

Format B Supervision is offered in two cycles

- Session 1 (January – June)
- Session 2 (June – December)
- Meets for 90 minutes every other week for 20 weeks
- Case presentations and readings