#### CURRICULUM VITAE

NAME Prof Anthony W Bateman

**DATE OF BIRTH** 31/07/52

**ADDRESS** 3 Beech Drive London N2 9NX United Kingdom

**TELEPHONE** +44 7764352139

**E-MAIL** anthony.bateman@ucl.ac.uk

**QUALIFICATIONS**: BA 1974

MA 1978 MBBS 1978 MRCPsych 1982 FRCPsych 1997

## **UNDERGRADUATE CAREER**

1971-1974 CAMBRIDGE UNIVERSITY

1975-1978 UNIVERSITY COLLEGE HOSPITAL MEDICAL SCHOOL

#### **DISTINCTIONS**

Exhibition - Cambridge University 1973

# PRESENT APPOINTMENTS

Consultant and MBT Training Co-ordinator to Anna Freud Centre, London

Visiting Professor Psychoanalysis Unit, University College, London

Visiting Professor of Psychotherapy, Department of Clinical Medicine at the Faculty of Health and Medical Sciences, Copenhagen University.

## PREVIOUS PSYCHIATRIC APPOINTMENTS

1980 - 1983 SHO/Registrar, University College Hospital, London

1983 - 1987 Senior Registrar in General Adult Psychiatry, Royal Free, Friern, Whittington and Chase Farm Hospitals.

1987 - 1989 Senior Registrar in Psychotherapy, Tavistock Clinic, London.

1989 – 2017 Head of National Demonstration site for Personality Disorder, Halliwick Unit, BEH Mental Health Trust for NHS England, UK Government

## **PUBLICATIONS**

#### **Books**

Wolff, H.H., Bateman A., Sturgeon, D., (eds) (1989) UCH Textbook of Psychiatry: An Integrated Approach, Duckworth: London.

Bateman, A. and Holmes, J. (1995) Introduction to Psychoanalysis- Contemporary Theory and Practice, Routledge: London. Translated into 5 languages.

Martindale, B, Bateman, A., Crowe, M., & Margison, F. (eds) (2000) Psychosis: Psychological approaches and their effectiveness. Gaskell, London.

Bateman, A., Brown, D., And Pedder, J (2001) Introduction to Psychotherapy - an outline of psychodynamic principles and practice. 3<sup>rd</sup> edition Routledge: London.

Holmes, J and Bateman, A. (eds) (2002) Integration in psychotherapy: models and methods. OUP, Oxford.

Bateman, A. and Fonagy, P. (2004) Psychotherapy of Borderline Personality Disorder: mentalisation based treatment. OUP: Oxford. (Translated 8 languages)

Bateman, A. and Fonagy, P. (2006) Mentalization Based treatment for borderline personality disorder: A Practical Guide. OUP: Oxford (Translated 10 languages)

Allen, J. Fonagy, P and Bateman, A. (2008) Mentalizing in Clinical Practice APPI: Washington

Bateman, A. (2010) Introduction to Psychotherapy - an outline of psychodynamic principles and practice 4<sup>th</sup> Edition. Routledge: London.

Karterud, S and Bateman, A. (2010) Manual for mentaliseringsbasert terapi (MBT) og MBT vurderingsskala. Gyldendal: Oslo

Bateman, A. and Fonagy, P. (2011) Mentalizing in Mental Health Practice. APPI; Washington

Bateman, A. and Krawitz, R. (2013) Borderline Personality Disorder: an evidence based guide for generalist mental health professionals. Oxford: OUP.

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Bateman, A. and Holmes, J. (2022) Introduction to Psychoanalysis- Contemporary Theory and Practice (2<sup>nd</sup> Edition), Routledge: London.

Mitchell, S. Sampson, M., Bateman A. (2023) Structured Clinical Management for Personality Disorder: an implementation guide for practitioners, trainers and supervisors. OUP: Oxford.

Bateman, A., Fonagy, P., Campbell, C., Luyten, P., and Debbane, M. (2023) Cambridge Guide to Mentalization Based Treatment (MBT). Cambridge University Press: Cambridge.

Drozek, R., Unruh, B., and Bateman, A. (2023) Mentalization Based Treatment for Pathological Narcissism: A Handbook. Oxford University Press: Oxford.

# **Chapters and articles (selection)**

Bateman, A. (1989) Five chapters in UCH Textbook of Psychiatry: An Integrated Approach, Duckworth: London.

Bateman, A. (1989) Borderline Personality Disorder. In Psychotherapy in Psychiatric Practice (ed J Holmes) Churchill Livingstone, London.

Bateman, A. (1995) Defence Mechanisms: General and Forensic aspects. In Forensic Psychotherapy. Crime, Psychodynamics, and the Offender Patient. Cordess, C. and Cox, M. (eds), Kingsley: London.

Bateman, A. (1995) Day Hospital Treatment for Borderline and Psychotic Patients. In Forensic Psychotherapy, Crime, Psychodynamics and the Offender Patient. Cordess, C. and Cox, M (eds), Kingsley, London.

Bateman A. (1997) Borderline Personality - history and current dilemmas. In Progress in Clinical Psychiatry, Weller, M. & van Kammen, D., (eds) Bailliere Tindall, London.

Bateman A. (1997) Later consequences of adolescent breakdown. In Adolescent breakdown and beyond, Laufer. M (ed), Karnac: London.

Bateman, A. (1999) Narcissism and its relation to violence and suicide. In Psychoanalytic understanding of violence and suicide in borderline. Perelberg, R. (ed), Routledge, NLP: London.

Bateman A. (2001) Antibodies to personality disorder. In Every Family in the Land. Crisp, A. H. (ed) <a href="http://www.stigma.org/everyfamily/">http://www.stigma.org/everyfamily/</a>

Bateman A. (2001) Day Hospital treatment of borderline personality disorder and the containment of enactment. In The edge of experience: borderline and psychosomatic patients in clinical practice. Vaslamatzis G. and Rabavilas A (eds). Karnac, London

Bateman, A. & Holmes (2002) Introduction to Integration. In Integration in psychotherapy: models and methods. Holmes, J & Bateman A.W. (eds) OUP, Oxford.

Bateman, A. (2002) Psychoanalysis and Integration. In Integration in psychotherapy: models and methods. Holmes, J & Bateman A.W. (eds) OUP, Oxford.

Bateman, A. (2003) In-patient and day patient treatment of suicidal patients. In Suicidality: understanding, treatment, research. Psychoanalytic concepts. Fiedler, G, Lindner, R, & Gotze, P (eds) Hogrefe: Hamburg

Bateman A. (2004) Antibodies to Personality Disorder. In Every Family in the Land. Understanding prejudice and discrimination against people with mental illness Crisp, AH (ed) RSM Press Ltd: London

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Bateman, A. (2005) Day hospital treatment for Borderline Personality Disorder. In Borderline Personality Disorder. Zanarini, M (ed) Marcel Dekker: New York.

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Bateman, A. Karterud, S. & Van der Bosch, W (2005) Borderline Personality Disorder, In Oxford Textbook of Psychotherapy Gabbard, G., Beck, J., & Holmes, J (eds) OUP: Oxford.

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Margison, F and Bateman, A. (2006) Research in Psychotherapy. In An Introduction to the Psychotherapies (4<sup>th</sup> editions) Bloch, S (ed) Oxford University Press, Oxford

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Bateman, A. (1986) Rape: the forgotten victim. British Medical Journal, 292, 1306.

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Bateman, A. (1993) Personality disorders. Current Opinion in Psychiatry 6 205-209.

Mishan, J and Bateman, A. (1994) Treatment of Borderline Personality Disorder with group therapy in a day hospital setting. Group Analysis 27 Vol4 484-495.

Bateman, A. (1995) The treatment of borderline patients in a day hospital setting, Psychoanalytic Psychotherapy Vol 9 No.1 3-16.

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Bateman, A. (1998) Thick- and thin-skinned organisations and enactment in borderline and narcissistic disorders, International Journal of Psychoanalysis, 79: 13-25.

Bateman, A. & Fonagy, P. (1999) Effectiveness of partial hospitalisation in the treatment of borderline personality disorder: a randomised controlled trial. American Journal of Psychiatry. 156:1563-1569.

Bateman, A. & Fonagy, P. (2000) Psychotherapeutic treatment of personality disorder. British Journal of Psychiatry. 117:138-143

Bateman, A. & Fonagy, P. (2001) Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalization: an 18-month follow-up. American Journal of Psychiatry 158:36-42

Bateman, A. (2001) Integration in Psychotherapy: an evolving reality in personality disorder. British Journal of Psychotherapy

Bateman, A. & Holmes, J. (2001) Psychotherapy training for general psychiatrists. Psychiatric Bulletin 25: 124-125

Bateman, A. (2001) Psychoanalytic treatment of borderline personality disorder. Psychiatric Times 7: 37-39.

Bateman, A. (2001) Cosa accade nei gruppi troppo chiusi. L'esperienza delle Comunita Terapeutiche. Psichiatria e Territoria 18 (1) 19-25

Bateman A. (2002) Psychological treatment of borderline personality disorder. Psychiatry 1:1: 17-20

Chiesa, M., Bateman, A., Wilberg, T., & Friis, S., (2002) Patient characteristics, outcome and cost-benefit of hospital-based treatment for patients with personality disorder: A comparison of three treatment programmes. Psychology and Psychotherapy: Theory, Research and Practice, 75, 381-392.

Bateman, A. & Fonagy, P. (2003) Health service utilisation costs for borderline personality disorder patients treated with psychoanalytically oriented partial hospitalisation versus general psychiatric care. American Journal of Psychiatry, 160, 169-171

Bateman, A and Margison, F (2003) Psychotherapy: new paradigms. Australian and New Zealand Journal of Psychiatry 37, 512-514

Fonagy, P, Target, M, Gergely, G., Allen, J., & Bateman, A. (2003) The developmental roots of borderline personality disorder: a theory and some evidence. Psychoanalytic Inquiry 23, 412-458

Bateman, A & Fonagy, P (2003) The development of an attachment based treatment programme for borderline personality disorder. Bulletin of Menninger Clinic 67(3), 187-211

Bateman, A. & Fonagy, P. (2004) Mentalisation based treatment of borderline personality disorder. *Journal of Personality Disorder* 18, 36-51

Bateman, A (2004) Psychoanalysis and Psychiatry: Is there a future? Acta Psychiatrica Scandinavica 109, 161-163

Bateman, A and Tyrer, P. (2004) Psychological treatment for borderline personality disorder. Advances in Psychiatric Treatment 10: 378-388

Bateman, A. and Tyrer, P (2004) Services for people with personality disorder: organisation for inclusion. Advances in Psychiatric Treatment 10: 425-433

Tyrer, P and Bateman, A (2004) Drug treatment of personality disorder. Advances in Psychiatric Treatment 10:389-398

Bateman, A (2004) Reading about: Self-help books on deliberate self-harm British Journal of Psychiatry 185

Bateman, A and Fonagy, P (2005) Borderline Personality Disorder WPA-ISSPD Educational Programme on Personality Disorders Vol 8 WPA sSeries

Bateman, A (2005) Commentary on Borderline Personality Disorder. In Evidence and Experience in Psychiatry. Vol 8 WPA Series.

Fonagy, P. & Bateman, A. (2006) Progress in the Treatment of Borderline Personality Disorder. British Journal of Psychiatry, 188, 1-3.

Fonagy, P. & Bateman, A. (2006) Mechanisms of change in Mentalization Based Therapy of borderline personality disorder. Journal of Clinical Psychology, 62, 411-430

Bateman, A., Ryle, A., Fonagy, P., Kerr, I (2007) Psychotherapy for Borderline personality Disorder: Mentalization Based Therapy and Cognitive Analytic Therapy compared. International Review of Psychiatry, 19, 51-62.

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Bateman, A. and Fonagy, P (2007) Treatment options for borderline personality disorder: mentalization based treatment. Social Work in Mental Health.

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- Gijs Weijers, J., ten Kate, C., Eurelings-Bontekoe, L., Viechtbauer, W., Rampaart, R., Bateman, A., Selten, J., (2016) Mentalization-based treatment for psychotic disorder: protocol of a randomized controlled trial; BMC Psychiatry. 16:191-201
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Drozek, R. P., Bateman, A. W., Henry, J. T., Connery, H. S., Smith, G. W., & Tester, R. D. (2021). Single-session Mentalization-based Treatment Group for Law Enforcement Officers. International Journal of Group Psychotherapy, 71(3), 441-470. doi:10.1080/00207284.2021.1922083

Juul, S., Simonsen, S., Poulsen, S., Lunn, S, Sørensen, P., Bateman, A., Jakobsen, J. (2021). Detailed statistical analysis plan for the short-term versus long-term mentalization-based therapy for outpatients with subthreshold or diagnosed borderline personality disorder randomised clinical trial (MBT-RCT). Trials 22(1):497. doi: 10.1186/s13063-021-05450-y.

# PAPERS PRESENTED AND INTERNATIONAL TRAINING/RESEARCH APPOINTMENTS

Papers on psychotherapeutic and psychiatric topics have been presented as plenary sessions in Australia, Belgium, Chile, Denmark, Germany, Greece, Holland, Hong Kong, Ireland, Japan, New Zealand, Norway, Singapore, Spain, Switzerland, USA, UK.

Visiting Academic Psychotherapy National University of Singapore 2002/2004/2013/2016

Visiting Lecturer College of Psychiatrists South Africa 2004

Psychotherapy Trainer Institute of Psychotherapy Hong Kong 2002-2004

Visiting Course Organiser and Seminar Lead Continuing Education Diploma in Psychodynamic Psychotherapy City University of Hong Kong 2005-2007

MBT Advisor Norwegian Network of Day Hospitals, Ulleval University Hospital, Oslo, Norway (Current)

Research Advisor and Clinical supervisor De Viersprung Personality Disorder Unit, Holland (2004-on)

Stanton Lecturer, McLean Hospital and Harvard Medical School Boston USA 2003/2007

Opening Lecture World Federation for Mental Health Congress Hong Kong 2007

Adam Corneel Major Teachers of Psychotherapy Lectureship, McLean Hospital and Harvard Medical School Boston USA 2008

Scientific Paper Prize awarded by American Psychoanalytic Association for landmark studies in personality disorder (2008).

Distinguished Psychiatrist Lecture UCLA, California 2009

Personality Disorder Research Prize British and Irish Group for Study of Personality

Disorder. 2012

NASSPD Visiting Clinical Expert Boston USA 2013 and 2014

BPDRC in the USA Award for "Achievement in the Field of Severe Personality Disorders". 2015

2016-2020 Plenary Speaker at International Conferences – Australia, Denmark, Holland, USA, India, Norway

#### **JOURNALS**

Editorial Board, International Journal of Psychoanalysis 1995-2002

Chair Publication Committee, British Psychoanalytical Society, 1999-2001

Editorial Adviser, Psychiatry, The Medicine Publishing Company 2002/2005

Editorial Board Borderline Personality Disorder and Emotional Dysregulation 2013-on

## NATIONAL & INTERNATIONAL APPOINTMENTS

# **Royal College of Psychiatrists**

Elected Member of Psychotherapy Executive Committee Royal College of Psychiatrists 1994 -96

Psychotherapy Executive representative on Public Education Committee 1995-99

Secretary Psychotherapy Executive 1996-2000

#### Examinations and Training

Chief Examiner of the Royal College of Psychiatrists (2006 – 2012)

I led the changes to the MRCPsych examination in relation to Modernising Medical Careers including development of competency based curriculum, organising training of examiners and the general work of the Examination sub-committee. I have also attended a number of training events on examination process, foundation year training, and assessment methods.

Examiner for MRC Psych (part II) 1996-2014

Chair of Essay Panel MRCPsych (part II) 1998-2002

Deputy Chief Examiner Part II 2001 – 2006 Chair Psychotherapy Training Specialist Advisory Committee 2001-2004

Member Specialist Training Committee 2001-2004

Chair Guidelines for psychotherapy training leading to: Bateman A.W. et al

Requirements for psychotherapy training as part of basic specialist psychiatric training. Royal College of Psychiatrists 2001.

Member working group on Deliberate Self-harm 2001

# **Other Appointments**

Member of National Counselling and Psychological Therapies Clinical Guidelines Steering Group (1997-2000) leading to – Treatment choice in Psychological Therapies and Counselling. Evidence based clinical practice Guideline. DoH 2001

Council member Association of Psychoanalytic Psychotherapy in the NHS (1992-97)

International Board (1995-98) of International Symposium for the Psychological Treatment of Schizophrenia (ISPS)

Member European Scientific Advisory Board, Association of European Psychiatrists: Section of Psychotherapy (1997)

Department of Health: Member Expert committee on treatment of personality disorder 2001-2002

Executive member British and Irish Group for Study of Personality Disorder 2001-on

Member Task Force on Personality Disorders World Federation of Societies of Biological Psychiatry 2006-on

Co-lead of Development Group of European Research Network for personality disorder (current)

National Institute for Clinical Excellence Member of development group for Guidelines for treatment of borderline personality disorder (2006-2008)

Visiting Consultant, The Menninger Clinic and the Menninger Department of Psychiatry and Behavioral Sciences at the Baylor College of Medicine (2005-2010).

Member Psychotherapy Accreditation Committee Hospital Authority Hong Kong (2007-14)

Chair Development of National Occupational Standards for Psychological Therapies – Psychodynamic Psychotherapy Working Group and Modality Working Group (2007-2009) and Member of National Reference Group.

Member National Advisory and Executive Group, Severe Mental Illness: psychological therapies. Department of Health, NHS, UK .(2011-14) and Chair of Training Advisory Committee for Personality Disorder, Department of Health, NHS, UK (2011-14)

President European Society for the Study of Personality Disorders (ESSPD) (2010-13).

Visiting consultant McLean Hospital, Boston, USA and Hon Lecturer Harvard University, Cambridge Mass, USA (current)

Member Department of Health IAPT-SMI Personality Disorder National Reference Group. 2012-2014

Chair Guideline Development Group for Eating Disorders, National Collaborating Centre for Mental Health (NICE) 2015-2017.

Dr Anthony W Bateman 2024